

Welcome to 24th REVES Meeting

**Center for Education and Research on
Geriatrics and Gerontology (CEROGG)**

Meng-Chih Lee, MD, PhD, MPH -Distinguished Research Fellow

Harvey Lin, PhD-Distinguished Research Fellow

Chi-Hua Yen, MD, PhD-Director

Chung Shan Medical University (CSMU)

Taichung, Taiwan





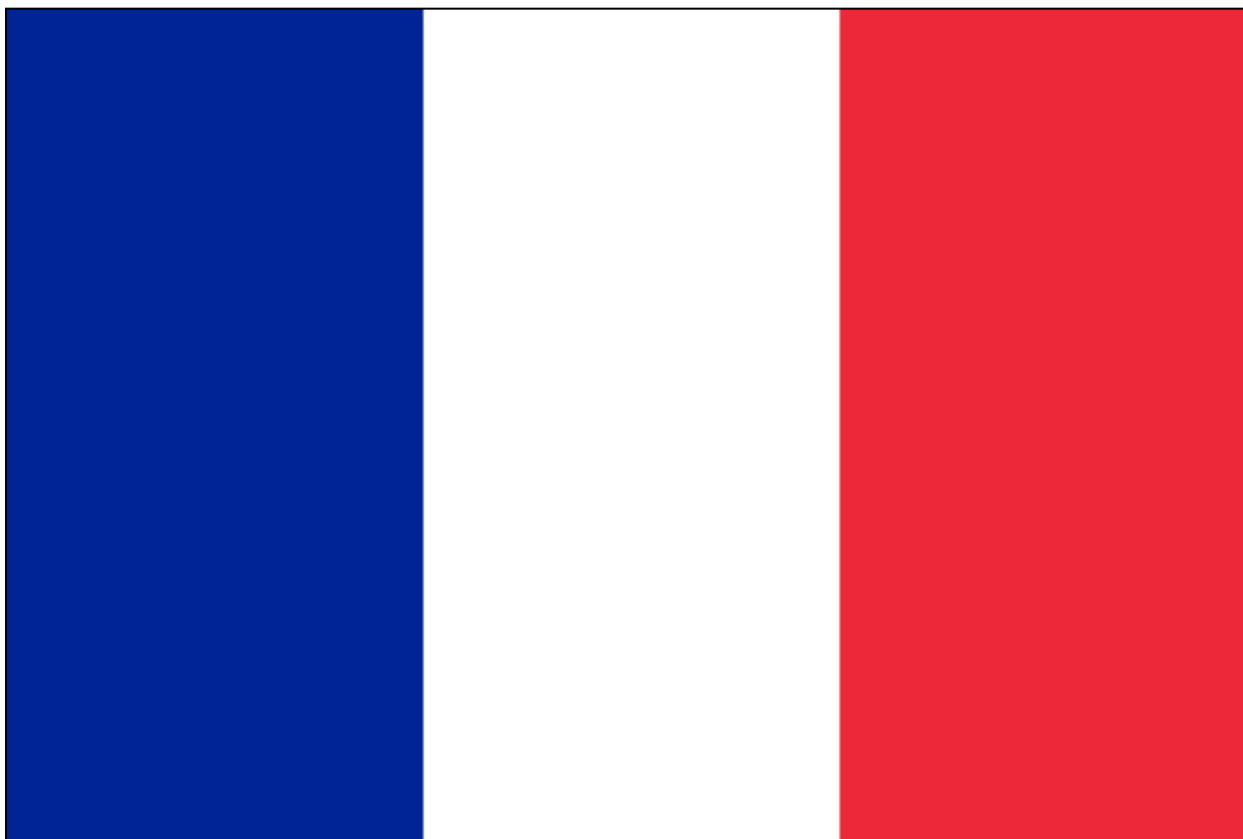
Austria





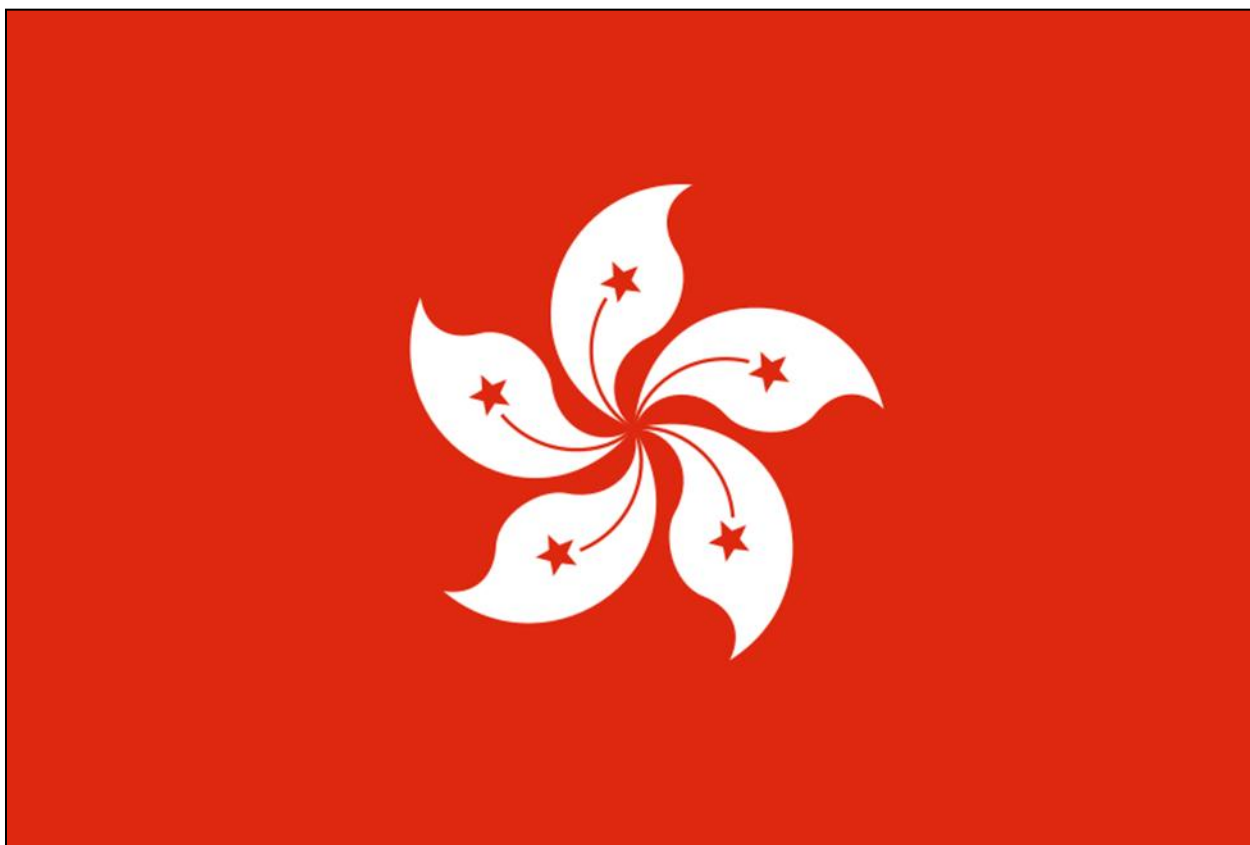
Belgium





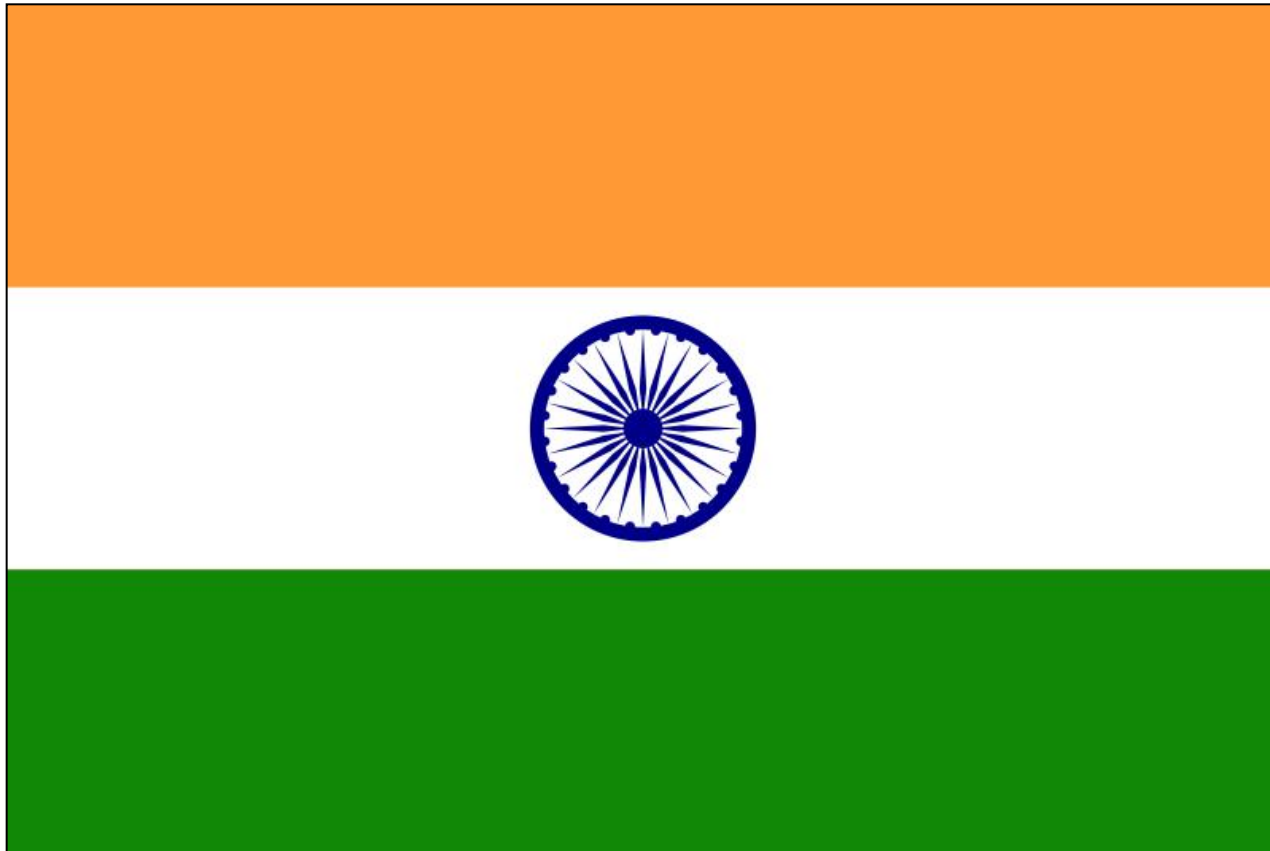
France





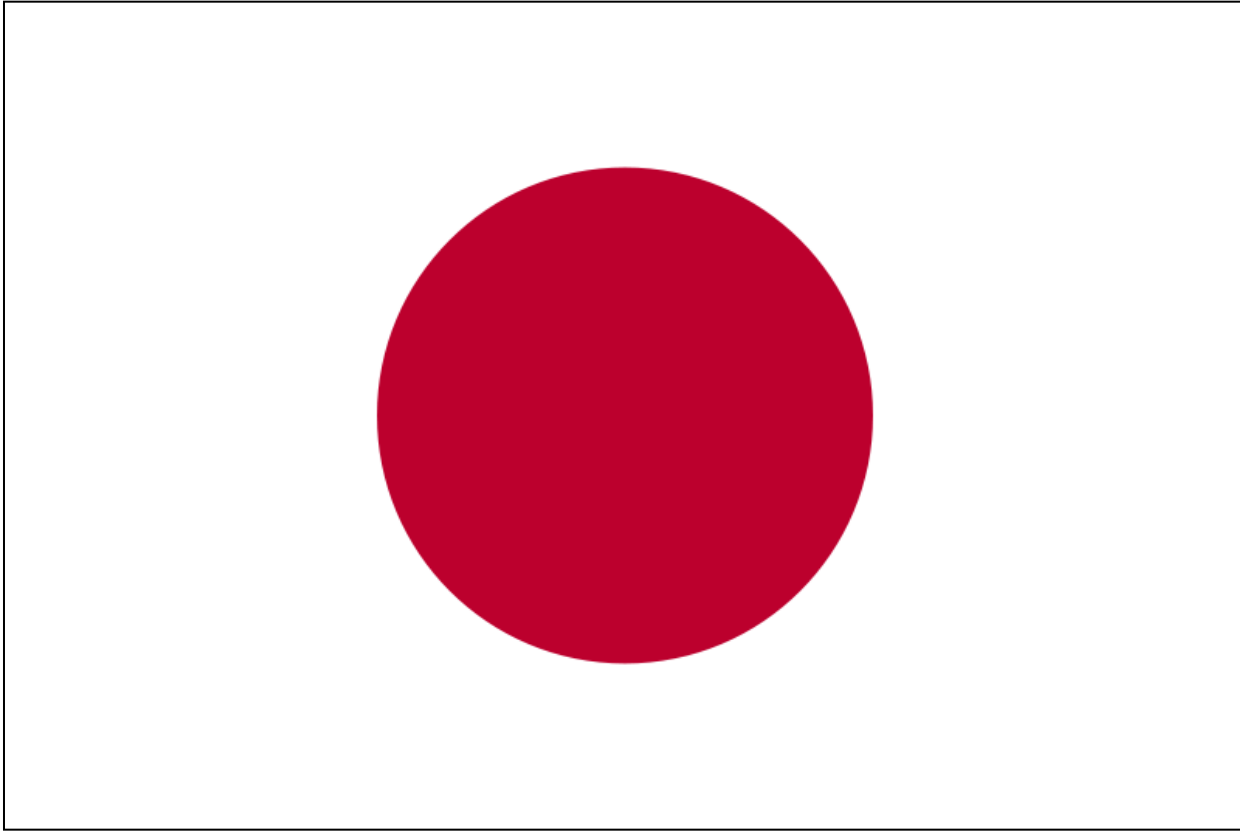
Hong Kong





India





Japan





Mexico





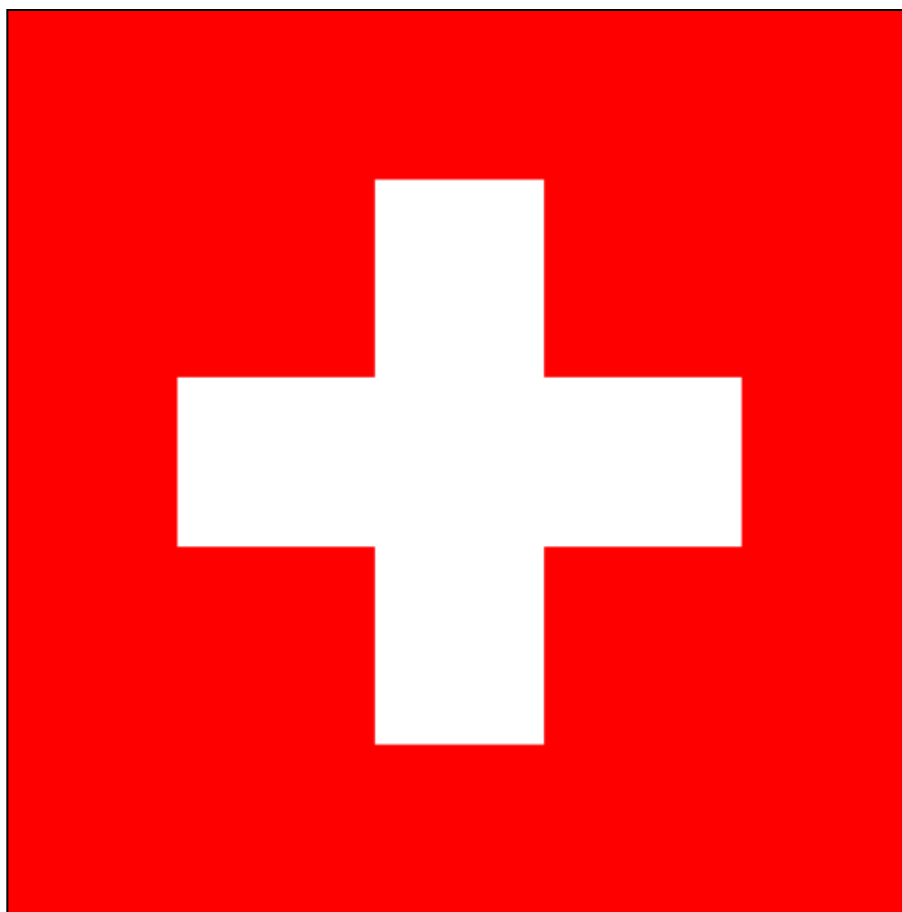
Singapore





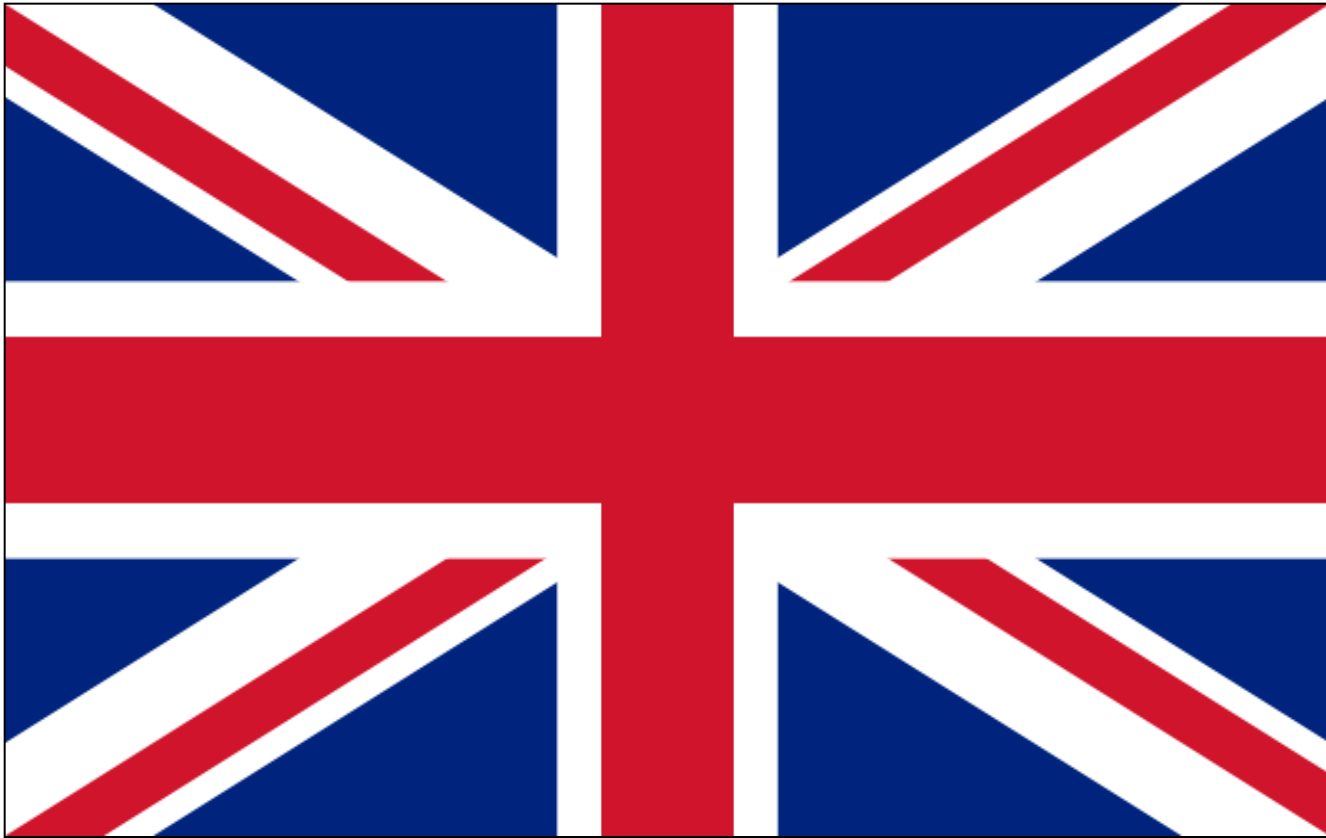
Sweden





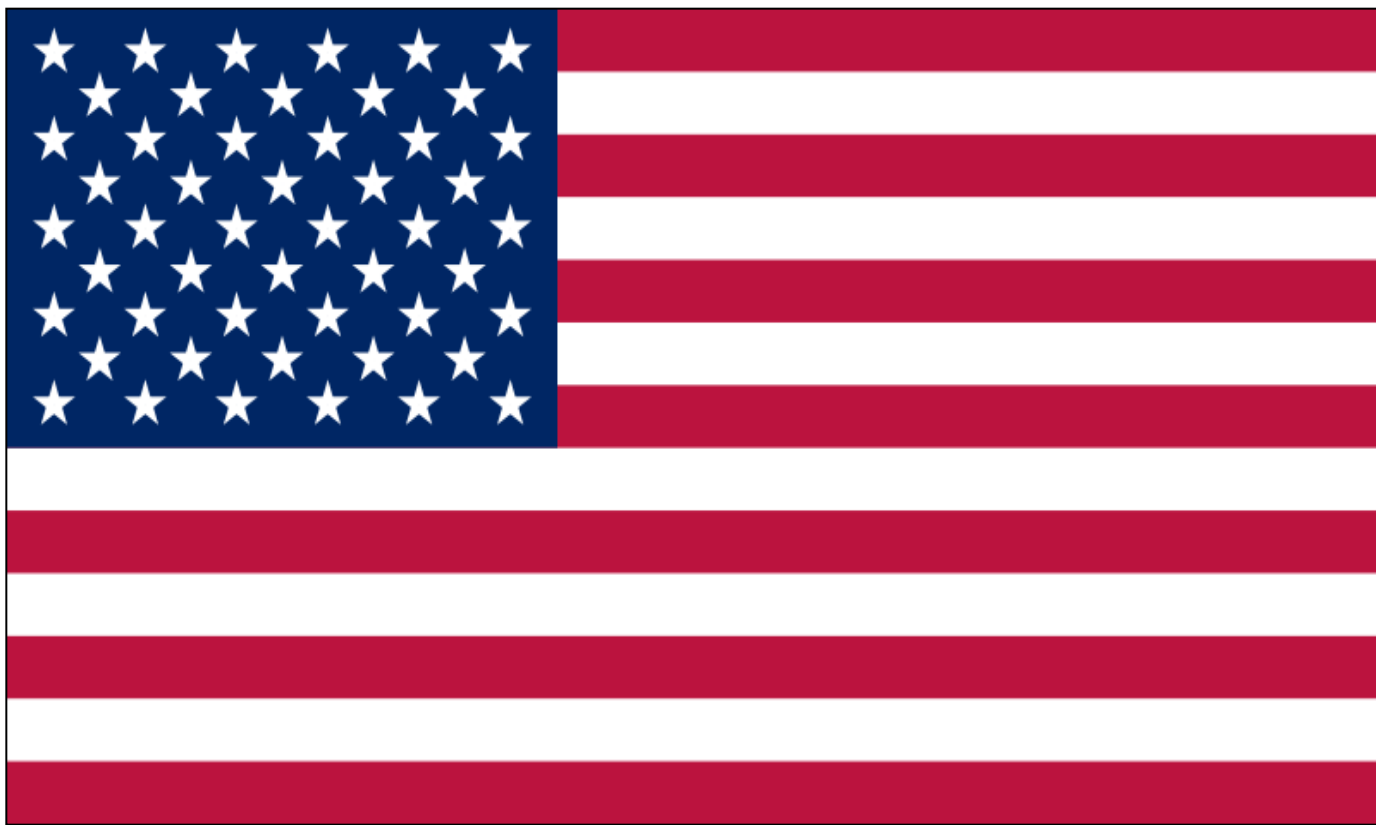
Switzerland





United Kingdom





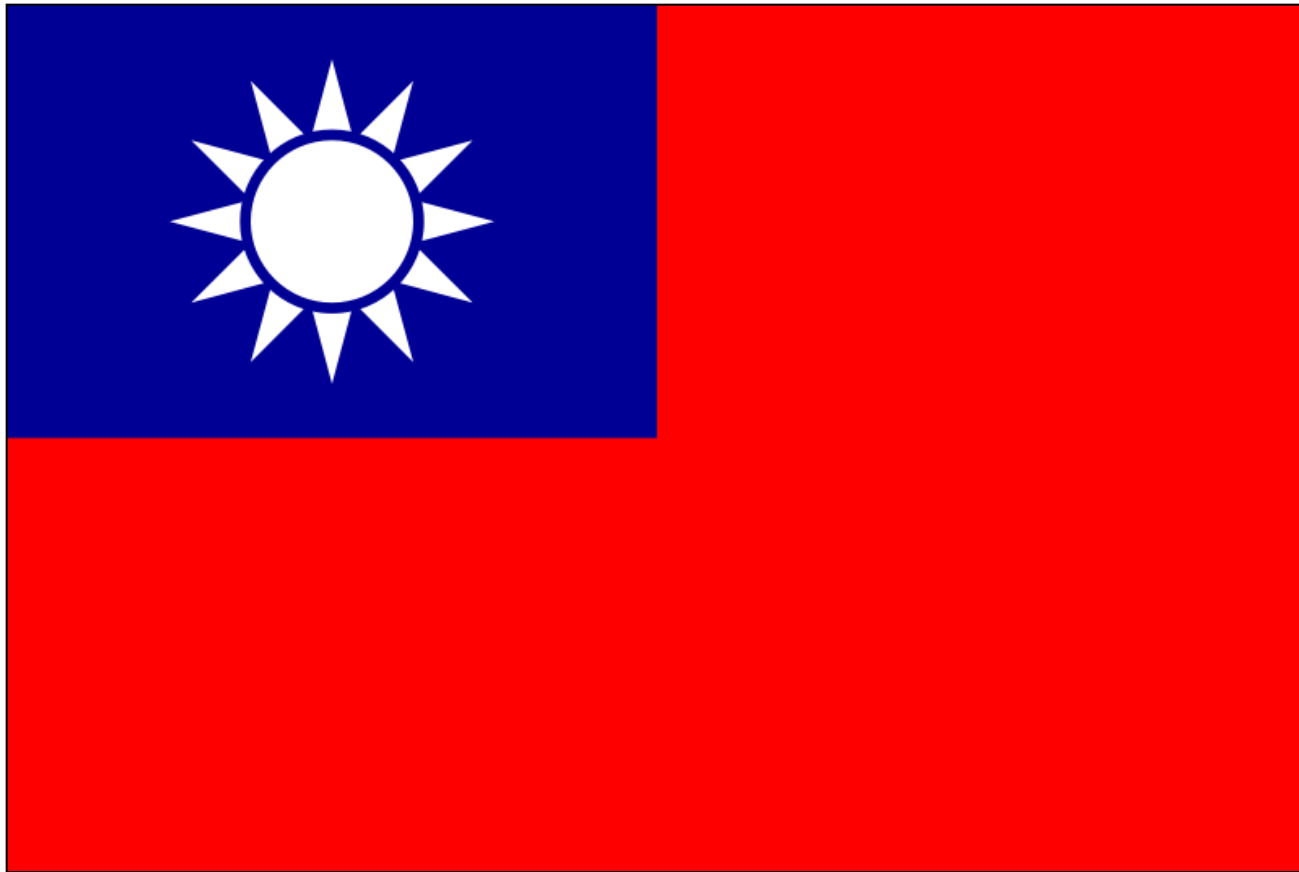
USA





Vietnam





Taiwan (ROC)

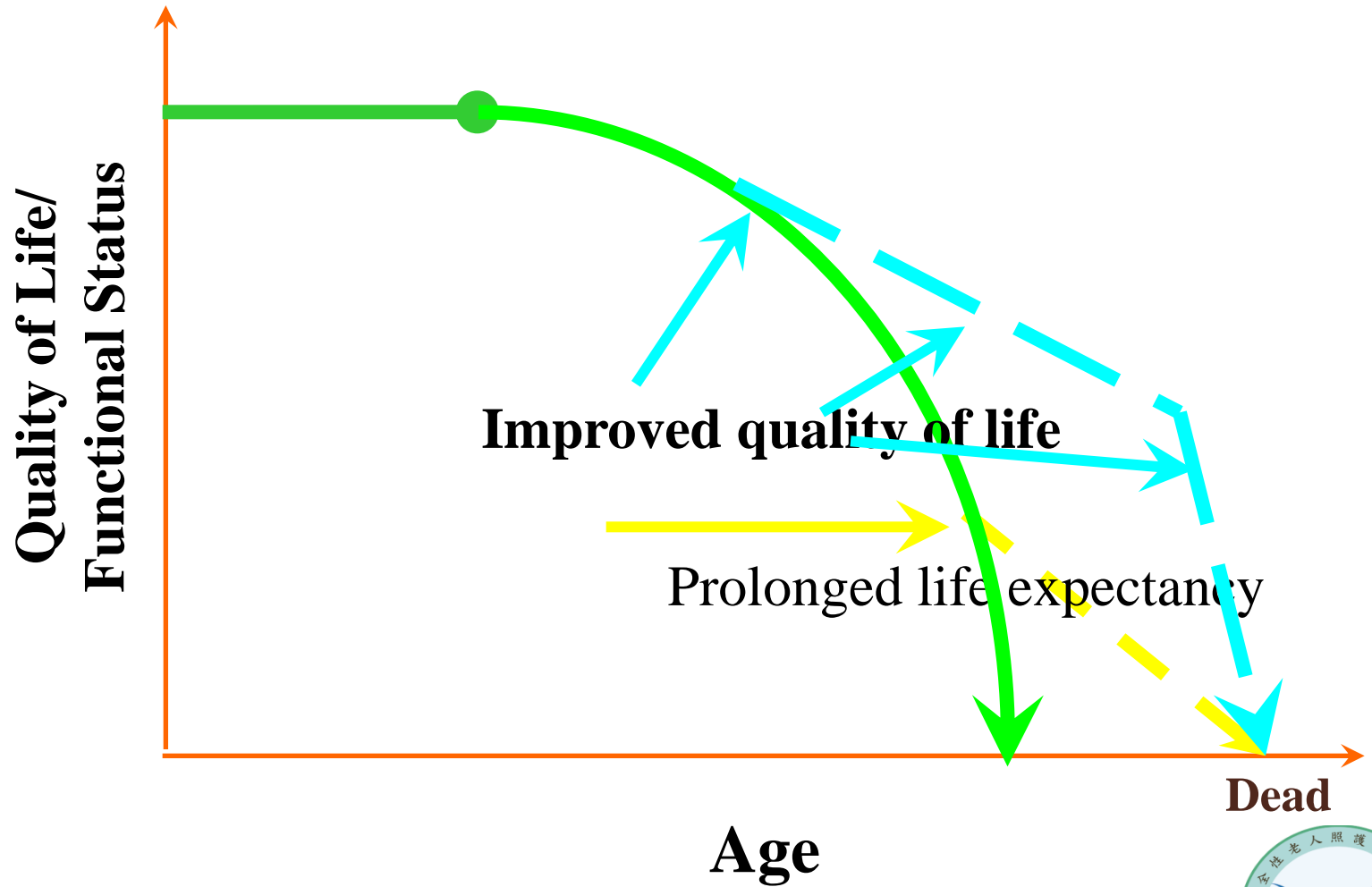


What are the challenges faced

- **A very quick aging society and prolongation of life expectancy**
But do the elderly enjoy a healthy life expectancy or in another word, successful aging/good quality of life ?
- **A huge amount of money have been spent on the health care for the elderly**
But the inequality as well as inequity in health and health care is still an universal fact.
- **There have been so many research performed for aging, gerontology and geriatric medicine**
But inadequate evaluation and evidence across domains have been made for priority setting and effective interventions !
- **The importance of geriatric medicine/geriatrician has been recognized**
But it s still unclear about the main roles of geriatricians ! And little efforts have been spent on the prevention and health promotion



Proposed Human Life



Active/Successful Ageing
“optimizing opportunities for
health, participation and security”

PARTICIPATION

“provide education and learning opportunities; recognise and enable participation in formal and informal work; encourage full participation in community life”

(WHO,2002,p51-52)

HEALTH

“encompasses all aspects of physical, mental and social wellbeing, as expressed in the WHO definition of health”

(WHO,2002,p47-51)

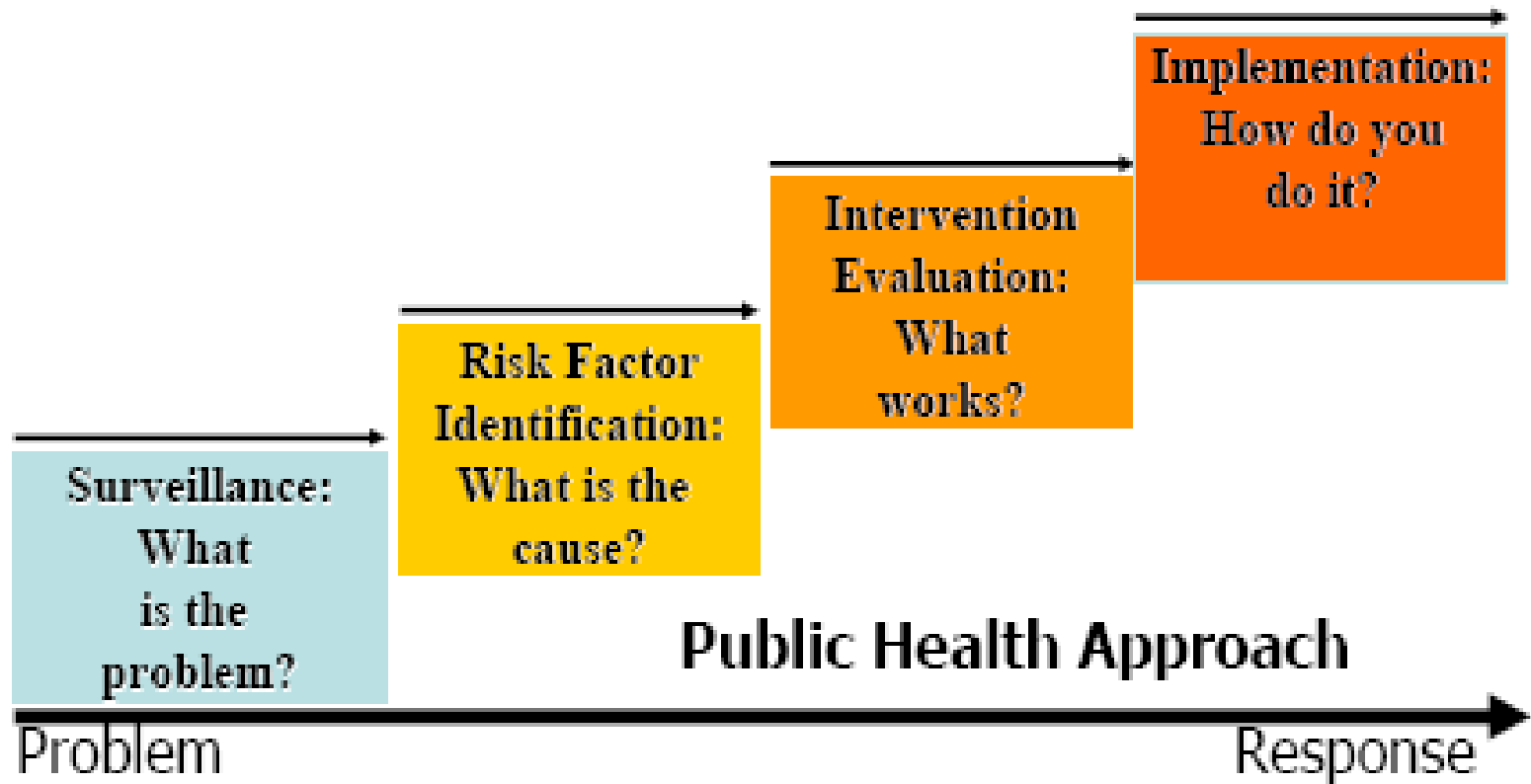
SECURITY

“ensure the protection, safety and dignity of older people by addressing the social, financial and physical security rights and needs of people as they age”

(WHO,2002,p52).



Evidence-Based Policy



What do we need

First create a sense of urgency

- **Vision:**

Healthy people in a healthy world through prevention

- **Strategies:**

Evidence: What work needs to be done
based on evaluation and research

Effectiveness: Translating the evidence to application

Capacity:

Government policy and resources: priority setting
partnerships and networking

Roles of Geriatricians

To identify and Manage Geriatric Syndrome-3Ms: providing Comprehensive Integrated and patient-centered health care

Mentality

Dementia
Depression
Delirium
Delusion

Motility

Fracture
Hemiplegia
Parkinsonism
Pseudobulbar palsy

Micturition

Incontinence

To do **comprehensive geriatric assessment and preventive services**, with focus on keeping functional status/capacity

To advocate and influence **public policy** for health care of seniors and support to caregivers.



CSMU
Sine 1960

College of Medicine/ CEROGG

College of Oral Medicine

College of Health Care and Management

College of Nursing

**College of Medical Humanities
and Social Sciences**

**College of Medical Sciences
and Technology**

There are a total of 6679 undergraduate students and 662 graduate students, respectively.

Visions of CEROGG

- To search for excellence in geriatric care education at varied levels
- To be a model of education and research center, like GRECC, in geriatrics and Gerontology in Taiwan



Research with TLSA in CEROGG

Live long, live well with dignity and
die peacefully under professional care

1. Social Determinants of Cognitive Impairment/Depression over Time among the Elderly in Taiwan
2. Healthy Behaviors/Leisure Activities and Functional Disability/Healthy Life Expectancy
3. Social Participation /support and Healthy Life Expectancy - An international comparative study with HRS
4. Living Arrangement/Disease burden and Disability/Mortality

collaboration are most welcomed





**It's the most happy thing when friends
come from afar**

**Special thanks to members of the
Organizing Committee and CSMU with
lovely student volunteers from the
Dept. of Applied Foreign Languages**



行政院
衛生署

台中醫院

Taichung Hospital Department of Health

