

A large, stylized blue graphic of a hand holding a lion, which is the logo of Vrije Universiteit Amsterdam. The hand is open and palm-up, with the lion standing on its palm. The lion is facing left and has its mouth open as if roaring. The background is dark blue.

The role of assistive devices in trends of functional ability, The Netherlands 1992-2003

Dorly Deeg, Ph

Department of Psychiatry and
Institute for Research in Extramural Medicine
Vrije Universiteit Amsterdam, The Netherlands



Background

- United States a.o.: Decreasing trends in disability rates in older age
- Decreases in disability partly attributed to increases in use of assistive devices
- The Netherlands: Contradictory evidence on trends in disability rates at older ages
- LASA: increasing disability rates, despite increases in use of assistive devices

Research question

Seemingly contradictory trends -
explanation?

Different trends for disability and device
use across subpopulations?



Longitudinal
Aging
Study
Amsterdam

Longitudinal Aging Study Amsterdam

Random sample

3107 men and women

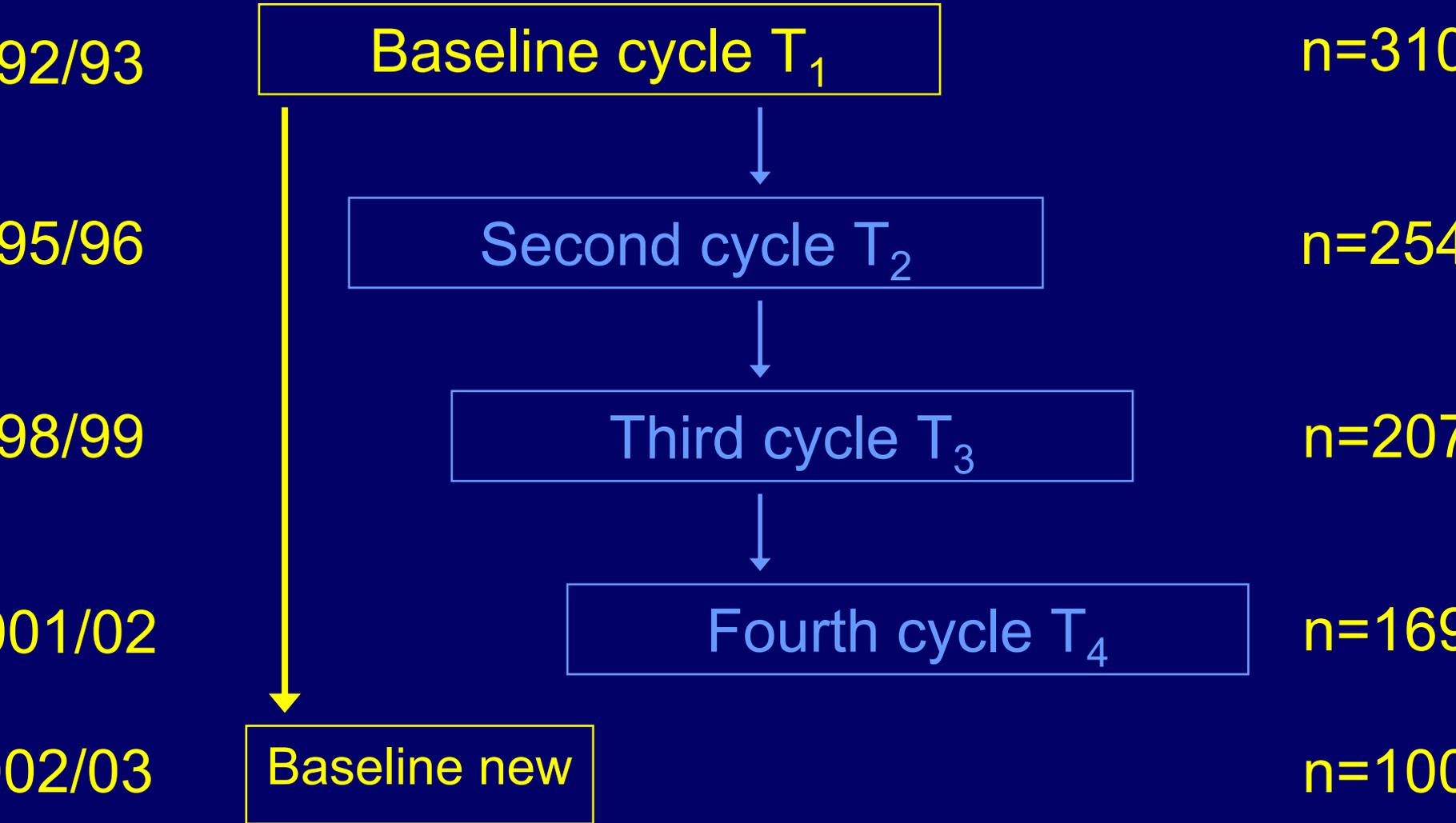
Ages 55-85

Start 1992

3-year intervals



LASA time schedule



Trend: comparison 1992-2002

Ages 55-64 years

	N
<i>Year:</i>	
1992-3	935
2002-3	980

Disability measures

Self-reports

no difficulty / difficulty / only with help / not able to:

Going up and down a stair case

Cutting one's toenails

Using own or public transportation

Score: 0 (none) ... 9 (maximum)

Need-help disability

Mild disability: ≥ 1 and < 3

≥ 1

Severe disability: ≥ 3

Overlap score-based / need-help disability

	<i>Score-based disability</i>		
	No	Mild	Severe
<i>% Need help</i>			
1992	-	6%	95%
2002	-	1%	86%

Assistance

For each disability item if:

no difficulty / difficulty / only with help

Assistive device use: no - yes

Human assistance: no / seldom / sometimes - often / always

Covariates

Socio-demographics: Sex, Age,
Education (high: > lower vocational training)

Depressive symptoms: Center for Epidemiologic
Studies Depression scale (CES-D); range 0-60;
score ≥ 16

Chronic diseases: Heart diseases, Stroke, Diabet
Lung Diseases, Cancer, Joint disorders

% Disability in 1992 and 2002, ages 55-64

	Mild	Severe	Need help	Device
1992	12.2	5.8	6.5	5.9
2002	18.1	10.6	9.3	10.5

% Device use in 1992 and 2002, ages 55-64

	1992	2002
No disability	2.6	2.8
Mild disability	19.3	27.5
Severe disability	24.1*	33.5*
Men	5.5	8.3
Women	6.2	12.6*
Low education	8.5*	13.8*
High education	2.8	8.2
No depression	5.5	7.6
Depression	9.0	27.2*

Longitudinal Aging Study Amsterdam ; sample 2002 weighted to 1992; * association with covariate p
and chronic diseases not independently associated

Comparative analysis

Logistic regression analysis -> OR

- Dummy for Cohort: 0 = 1992, 1 = 2002
test of OR(Cohort) -> trend
- Adjustment for covariates
- Interaction Cohort*Covariate one by one
test of Interaction -> differential trend

Trend in disability 1992-02, adjusted OR

	Mild	Severe	Need help	Device
Total	1.85	1.71	1.33	1.71
Men	1.36	1.05	0.63	
Women	2.39	2.48	2.11	
Low education				1.02
High education				2.57
No depression	1.66			1.14
Depression	2.90			2.85

Conclusion on trends

- Increase in disability, mild more than severe
- Increase in assistive device use
- Increase in disability in *women* and depressed
- Increase in device use in *higher educated* and depressed

Discussion

- Association with human assistance?
- When human assistance, more device use: OR = 5.0
- Trend in human assistance: 3.4% -> 6.9% (OR = 1.5)
- Increase regardless of socio-demographics or health status
- Results on trends in device use unaffected

Explanations (?)

Education/gender discrepancy in device use:

- Higher educated better manage their disability
 - *if* disabled
- Higher educated have higher norms of good health
- Lower educated and women have less money to spend than higher educated and men

