

The Role of Individual and Community Level SES on Disability Trajectories in Later Life

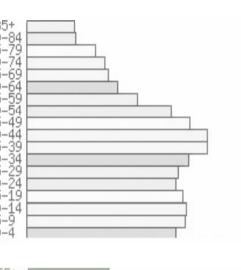
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Introduction

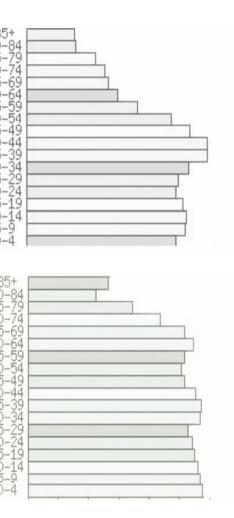
- Active Life Expectancy (ALE) in the US is increasing
- Disability among Older Adults
- Importance of SES
- Inequality in U.S.
- Contribution of Education to Trends



Importance of Place

- Individuals embedded in neighborhoods and communities
- Types of effects
 - Compositional
 - Collective
 - Contextual

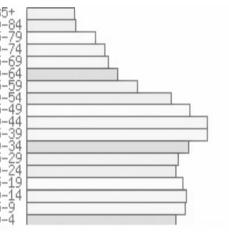


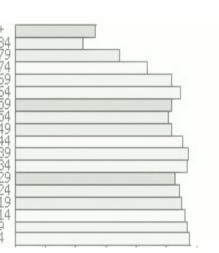


Importance of Place

- Most work to date has been among younger people
- Glass and Balfour (2003)
 - Aging may increase exposure
 - Aging may increase vulnerability



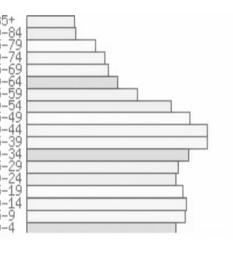




Importance of Place

- Majority of studies have been crosssectional or short term longitudinal
- Yao and Robert (2008)
 - Neighborhood disadvantage and health among older adults
 - Support for level, but not change







- Majority of studies have been in urban settings
- Subramanian et al. 2006
 - New Haven data
 - OSES rather than stability or % elderly



Individual Level SES

- Education (Ross & Wu, 1995; Mirowsky & Ross, 2003)
 - Work/Economic conditions, social-psychological resources
 - Learned effectiveness Health Behaviors & Mastery
- Financial Resources (Lynch & Kaplan, 2000)
 - ODecrease life stressors
 - OAssets/Home, Access to Care, Health Information
- Multiple Components Important for Disability



Socioeconomic Status of "Place"

Many studies use indexes of disadvantage

Standard Measures of SES at the Aggregate level

Little research on individual vs. community SES



Socioeconomic Status of "Place"

Does the link between education and health translate to the area level?

Independent contributions of individual and area SES

Buffering effects of area level education



Multilevel Pathways to Disability

- Individual-level socioeconomic status only.
 - Ex: Education
- Community-level socioeconomic status only.
 - Ex: Poverty
- Individual and community socioeconomic status independently influence health and disability.
 - Ex: Affluence

No studies that "match" indicators of socioeconomic status at each level



Data

- Duke Established Populations for Epidemiologic Studies of the Elderly (EPESE)
- In-person: 1986/87, 1989, 1992, 1996
- Original N=4,162
- All R's matched to 1990 Census tract (N = 95).
- 3 tracts dropped because they contained 1 or 2 respondents
- Analytic sample=3,827
- Missingness on Dependent Variable: FIML



Measures

- Disability: Activities of Daily Living (ADL's) and Instrumental Activities of Daily Living (IADL's)
 - Summed Index
- SES (Community): % 12 Yr. Education, % 13+ Education, % in Poverty, % Unemployed, % 5 yr. Housing Tenure, % Black
- SES (Individual): Education (yrs), Poverty,
 Unemployed, 5 yr. Housing Tenure, Black



Descriptive Stats

Neighborhood (N=94)	
% Black	39.49%
% Educ. 12 yrs.	25.61%
% Educ. 13+ yrs.	45.30%
% Poverty	27.15%
Unemp. Rate	6.71%
% 5 yr. Tenure	54.66%



Descriptive Stats

Individual(N=3,827)	
Black	53.46%
Educ (yrs)	8.61 (4.06)
Poverty	56.00%
Nonemp.	87.85%
5 yr. tn.	84.74%



Measures

- Individual Controls:
 - ODemographic/Soc. Support: Age, Female, Widow, Religious Attendance
 - OHealth Behaviors: Underweight, Current Smoker, Former Smoker
 - OSES Controls: Home Ownership, Medicaid, Supp. Ins.



Analytic Model

• Multilevel Regression:

$$OInt_{ij} = \beta_{0j} + e_{ij}$$

$$OSlp_{ij} = \beta_{0j} + e_{ij}$$

O In the equation, Int_{ij} is the trajectory intercept and Slp_{ij} is the trajectory slope for the *i*th respondent in *j*th census tract, β_{0j} is the fixed value for all of the respondents in the *j*th census tract, and e_{ij} is the random value for the *i*th respondent in the *j*th census tract.

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Results

N=3,827			Model 1			
	Intercept	S.E.	Slope (L)	S.E.	Sl. (Q)	S.E.
			BETW	EEN		
			-0:003			
6 Educ. 12 yr	0.005	(0.014)	-0.017***	(0.008)		
6 Educ. 13+ y	-0.016***	(0.007)	-0.016***	(0.005)		
6 Poverty	-0:002	(0.004)	0.000	(0.003)		
Inemp. Rate	- 0.011	(0.013)	0.004	(0.016)		
6 5 yr. Tenure	-0.001	(0.005)	-0.010***	(0.004)		
-	_	-	_		-	



Results

_			Model 2			
<u>-</u>	Intercept	S.E.	Slope (L)	S.E.	Slope (Q)	S.E.
_			WITHIN			
lack	0.031	(0.082)	-0.087	(0.143)	0.003	(0.002)
duc (yrs)	-0.054***	(0.015)	-0.021	(0.019)	-0 .004	(0.007)
overty	0.123	(0.117)	0.016	(0.150)	0.090	(0.064)
-		(0.075)		(0.185)	-0.028	(0.065)
yr. tn.	-0.232***	(0.150)	0.070	(0.150)	-0.046	(0.053)



Results

N=3,827	Model 4							
	Intercept	S.E.	Slope (L)	S.E.	Slope (Q)	S.E.		
	BETWEEN							
% Black	0.000	(0.002)	-0.002	(0.002)				
% Educ. 12 yrs	0.000	(0.011)	-0.013	(0.008)				
% Educ. 13+ y	-0.008	(0.006)	-0.010***	(0.005)				
% Poverty	-0.003	(0.004)	0.000	(0.003)				
Unemp. Rate	-0.012	(0.012)	0.003	(0.015)				
% 5 yr. Ten.	0.002	(0.005)	-0.008†	(0.004)				
	WITHIN							
Age	0.071***	(800.0)	0.085***	(0.008)	0.003	(0.002)		
Black	0.190***	(0.092)	-0.075	(0.157)	0.006	(0.060)		
Educ (yrs)	-0.021	(0.014)	0.002	(0.021)	-0.010	(0.008)		
Poverty	-0.116	(0.112)	-0.141	(0.167)	0.115	(0.071)		
Nonemp.	0.362***	(0.081)	0.191	(0.176)	-0.026	(0.065)		
5 + 7 + + + + + + + + + + + + + + + + +	0.047	(0.000)	0 228	(0.160)	0.000	(0.059)		



Discussion

- We found support for #2 and #3.
 - In the unadjusted models, individual and community-level education both influenced disability (#3)
 - After adjusting for covariates, only community education level remained a significant predictor of the disability trajectory over time (#2)
- Residents of areas with higher education levels had growth of disability over time independent of individual socioeconomic status



Discussion

- Education at the Individual level:
 - Mastery, Access to Care

- Education at the Neighborhood level:
 - Collective Efficacy, Services/Access to Care



Why Community Education Level?

- Ability of a community to gain and effectively use resources that protect health.
 - Well-maintained infrastructure, valuable services, and elements of a healthy lifestyle.
- Signal of relative affluence of the area.
 - Stability, increases in home values, desirability of an area, and strong political representation.

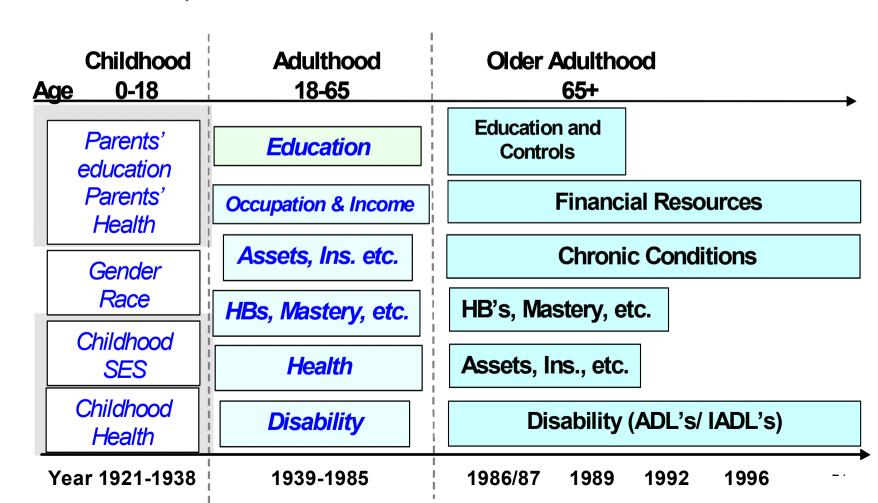


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Race, SES & Health Across the Life Course





Measures

All 4,162 respondents were matched to their respective 1990 Census tract (N = 95)

Data for the tract level were drawn from the 1990 U.S. Census, Summary Files 1 and 3.

Three Census tracts were dropped from analysis because they contained 1 or 2 respondents. Clustering within tracts ranges from 18 to 200.

Area-level measures included:

Racial composition (measured as quartiles for the region)

Educational attainment (percent who obtained each degree-type)

Age composition (percent ages 65 or older)

Housing tenure (5 yr housing tenure)

Home ownership (percent in owner-occupied housing)

Although other measures were available, these were selected to match the individu socioeconomic measures available in the EPESE study.